

THE COMPLETE IDIOT S GUIDE TO PLANT BASED NUTRITION HEVER JULIEANNA%0A

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Julieanna Hever, MS, RD, CPT, is known as the Plant-Based Dietitian. She is the executive director of EarthSave, International, the author of "The Complete Idiot's Guide to Plant-Based Nutrition" and "The Complete Idiot's Guide to Gluten-Free Vegan Cooking", a nutrition columnist at VegNews, and the coproducer and star of the infotainment [The Complete Idiot's Guide to Plant-Based Nutrition](#) by ...

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Julieanna Hever, M.S., R.D., C.P.T. is a Plant-Based Dietitian and an ACE-Certified Personal Trainer who has owned To Your Health Fitness and Nutrition in Southern California for 12 years.

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Julieanna Hever, MS, RD, CPT, the Plant-Based Dietitian, is a Registered Dietitian who has been in private practice in Los Angeles since 2005, specializing in weight

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Julieanna Hever, MS, RD, CPT: Author of "The Complete Idiot's Guide to Plant-Based Nutrition"

She is the author of The Vegiterranean Diet and the best-selling book, The Complete Idiot's Guide to Plant-Based Nutrition. She is also the nutrition columnist for VegNews Magazine. She is also

Home - Plant Based Dietitian

Julieanna Hever, M.S., R.D., C.P.T., also known as The Plant-Based Dietitian, is a passionate advocate of the miracles associated with following a whole food, plant-based diet—the established effects of which provide positive healthful benefits.

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She is a sought-after lecturer, talk show host, TEDx speaker, VegNews Magazine nutrition columnist, and the author of numerous journal articles and books that include The Complete Idiot's Guide To Plant-Based Nutrition and The Vegiterranean Diet.

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The Idiots Guide to Plant Based Nutrition - Julieanna Hever - Part 1

The Plant Based Dietitian is Julieanna Hever and in this short minute video she shares with us her strategies and success tips for thriving on a plant based diet.

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The Complete Idiot's Guide to Plant Based Nutrition, by Julieanna Hever is a beautifully written work which explains the importance of healthy eating.

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