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Jane Ogden is a Professor in Health Psychology at the University of Surrey, UK. She is author of five books and over 130 journal articles. She is also a regular contributor for the media. She is author of five books and over 130 journal articles.

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Jane Ogden is Professor in Health Psychology at the University of Surrey, UK. Her research explores aspects of health including obesity and eating behaviour, communication in the consultation, and women's health issues. She has a distinguished track record in the field, having established a successful course in health psychology and taught at several leading institutions. Jane is the author of

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Hh Jane Ogden studied for a PhD in eating behaviour at the Institute of Psychiatry, London. She then became a lecturer in health psychology at Middlesex University where she set up a health psychology course.

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