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[American Shaolin | Matthew Polly](#)

Polly eventually switches to a rigorous study of Chinese-style kickboxing under Coach Cheng, Shaolin's best fighter, and represents the Shaolin Temple in one of China's national tournaments. At the end of his journey, the monks initiate him into the Shaolin Temple, making him the first American to be accepted as a Shaolin disciple.

[American Shaolin: Matthew Polly](#)

Clips from my time at the Shaolin Temple. For more go to www.mattpolly.com

[American Shaolin by Matthew Polly - PenguinRandomHouse.com](#)

The raucously funny story of one young American's quest to become the baddest dude on the planet (and possibly find inner peace along the way) Growing up a ninety-eight-pound weakling tormented by bullies in the schoolyards of Kansas, Matthew Polly dreamed of one day journeying to the Shaolin Temple

[Matthew Polly - Wikipedia](#)

Matthew Polly is an American author who writes about martial arts. Career: Polly graduated from Topeka West High School. In 1992, at the age of 21 years, Polly took a leave of absence from Princeton University and traveled to China to train at the Shaolin Temple, the birthplace of Chan Buddhism and kung fu.

[American Shaolin Quotes by Matthew Polly - Goodreads](#)

American Shaolin Quotes Showing 1-23 of 23 It is difficult for my fellow countrymen who have never lived abroad to understand that until a foreign man is about sixty-five, he still thinks, every so often, that under the right circumstances he'd like to punch an American in the face.

[Matthew Polly \(Author of American Shaolin\) - Goodreads.com](#)

Matthew Polly is an award-winning travel writer for Slate. His first book, *American Shaolin: Flying Kicks, Buddhist Monks, and the Legend of Iron Crotch: An Odyssey in the New China*, was published in February of 2007.

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Bill Bryson meets Bruce Lee in this raucously funny story

of one scrawny American's quest to become a kung fu master at China's legendary Shaolin Temple. Growing up a 90-pound weakling tormented by bullies in the schoolyards of Kansas, young Matthew Polly dreamed of one day journeying to the Shaolin Temple in China to become the toughest fighter in the world, like Caine in his favorite 1970s

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American Shaolin: Flying Kicks, Buddhist Monks, and the Legend of Iron Crotch: An Odyssey in the New China by Matthew Polly. Read online, or download in secure ePub format Bill Bryson meets Bruce Lee in this raucously funny story of one scrawny American's quest to become a kung fu master at China's legendary Shaolin Temple.

Matthew Polly, World's #1 Martial Arts Author

Matthew Polly is the national bestselling author of American Shaolin, Tapped Out and Bruce Lee: A Life. A Princeton University graduate and Rhodes Scholar, he spent two years studying kung fu at the Shaolin Temple in Henan, China.

American Shaolin: Flying Kicks, Buddhist Monks, and the ...

Matthew Polly is the author of the national bestseller American Shaolin, which The Boston Globe called an original and insightful book, and journalist Dan Rather called a wonderful true-life story with profound, behind-the-headlines observations about Chinese life.

Bruce Lee A Life by Matthew Polly | WHSmith

Matthew Polly is the national bestselling author of American Shaolin, Tapped Out, and Bruce Lee. A Princeton University graduate and Rhodes Scholar, he spent two years studying kung fu at the Shaolin Temple in Henan, China.

Bruce Lee: A Life; Matthew Polly; 9781501187629; Books ...

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